

Lululemon Track and Roll 2015 - 15/08/2015**St. Michael's College Fields****Results****Event 1 Women 100 Meter Dash Open**

Meet Record: R 13.96 26/07/2014 Rachel Poole, Poole

Name	Year Team	Seed	Finals	Wind	H#	Points
Finals						
1 Villalta, Danielle	Villalta		13.79R	-1.1	1	
2 Poole, Rachel	Poole		13.81R	-0.5	3	
3 Forde, Diandra	Lancers		14.43	-1.1	1	
4 Young, Kristen	Young		14.84	-0.5	3	
5 Damata, Lea	White Walkers		14.97	-1.1	1	
6 Olsen, Kelly	Fuel Training Club		15.09	-1.8	2	
7 Hucal, Andrea	Fuel Training Club		15.21	-0.5	3	
8 McAndrew, Tess	McAndrew		15.30	-1.8	2	
9 Enoukov, Ilana	Enoukov		16.27	-1.1	1	
10 Kwok, Amanda	Kwok		16.47	-1.8	2	
11 McKay, Llindsay	MacKay		16.64	-0.5	3	
12 Devereux, Melaine	Devereux		17.03	-1.8	2	
13 Mitchell, Kaitlin	Mitchell		17.67	-1.1	1	
14 Kerbel, Haley	Kerbel		19.68	-1.8	2	

Event 2 Men 100 Meter Dash Open

Meet Record: R 11.98 26/07/2014 Greg Hetherington, Fuel 1 and 2

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Hetherington, Greg	Fuel Training Club		11.83R	-1.8	2	
2 McGregor, Anthony	McGregor		11.90R	-3.0	3	
3 Ruff, Joshua	Ruff		12.03	-3.0	3	
4 Sharpe, Willie	Resilience		12.28	-1.8	2	
5 Ryenolds, Adam	Team Catalyst		12.94	-1.0	1	
6 Damata, Andre	Damata Andre		13.22	-3.0	3	
7 Wong, Casper	Wong		13.26	-1.8	2	
8 Taxali, Ankur	Taxal		13.27	-1.0	1	
9 Stief, Jacob	Stanley		13.31	-1.0	1	
10 DeGasperis, Julian	DeGasperis		14.40	-1.0	1	
11 Cassidy, Thomas	Cassidy		15.03	-1.8	2	

Event 3 Women 100 Meter Dash Invitational

Meet Record: R 11.96 26/07/2014 Tameran Defreitas, South Simcoe Duf

Name	Year Team	Seed	Prelims	Wind	H#	Points
Preliminaries						
1 Defretas, Tameran	South Simcoe Duf	11.70	12.45Q	-2.5	1	
2 Castello, Jermeka	Etobicoke Track	12.31	12.97Q	-1.2	2	
3 Maddex, Ashlea	Ottawa Lions		12.56q	-2.5	1	
4 Lance, Naomi	Waterloo Track Club	12.50	12.76q	-2.5	1	
5 Russell, Natasha	Etobicoke Track	12.39	12.83q	-2.5	1	
6 Darmon, Kelsi	Waterloo Track Club	12.73	13.19q	-1.2	2	
7 Jackson, Jemeika	Unattached	12.09	13.20q	-1.2	2	
8 Smart, Sian	Waterloo Track Club	12.80	13.37q	-1.2	2	

Lululemon Track and Roll 2015 - 15/08/2015**St. Michael's College Fields****Results****Event 3 Women 100 Meter Dash Invitational**

Meet Record: R 11.96 26/07/2014 Tameran Defreitas, South Simcoe Duf
 Name Year Team Prelims Finals Wind Points

Finals

1	Defretas, Tameran	South Simcoe Duf	12.45	12.07	-1.1
2	Maddex, Ashlea	Ottawa Lions	12.56	12.47	-1.1
3	Lance, Naomi	Waterloo Track Club	12.76	12.48	-1.1
4	Russell, Natasha	Etobicoke Track	12.83	12.70	-1.1
5	Castello, Jermeka	Etobicoke Track	12.97	12.86	-1.1

Event 4 Men 100 Meter Dash Invitational

Meet Record: R 10.53 26/07/2014 Bismark Boateng, Project Athletic
 Name Year Team Seed Prelims Wind H#

Preliminaries

1	Boateng, Bismark	Oakville Legion	10.37	10.82Q	-0.4	2
2	Lawrence, TJ	G-Force Track Club	10.37	11.06Q	-0.9	1
3	Yassin, Mo	Waterloo Track Club	10.85	10.85q	-0.4	2
4	Kwarko - Fosu, Kofi	Waterloo Track Club	10.81	11.11q	-0.9	1
5	Abdullahi, Ramzi	Nemean Lions	10.82	11.11q	-0.9	1
6	Hector, Aaron	G-Force Track Club	10.76	11.37q	-0.4	2
7	Manuel, Alex	Waterloo Track Club	11.12	11.43q	-0.9	1
8	Stewart - Barnes, Khamal	G-Force Track Club	10.88	11.44q	-0.9	1
9	Ferth, Shane	Waterloo Track Club	11.17	11.61q	-0.4	2
10	Anderson, Osei	Etobicoke Track	11.57	11.91q	-0.4	2

Event 4 Men 100 Meter Dash Invitational

Meet Record: R 10.53 26/07/2014 Bismark Boateng, Project Athletic
 Name Year Team Prelims Finals Wind H# Points

Finals

1	Boateng, Bismark	Oakville Legion	10.82	10.60	-0.1	1
2	Lawrence, TJ	G-Force Track Club	11.06	10.73	-0.1	1
3	Yassin, Mo	Waterloo Track Club	10.85	10.76	-0.1	1
4	Kwarko - Fosu, Kofi	Waterloo Track Club	11.11	11.00	-0.1	1
5	Abdullahi, Ramzi	Nemean Lions	11.11	11.08	-0.1	1
6	Manuel, Alex	Waterloo Track Club	11.43	11.32	-1.4	2
7	Ferth, Shane	Waterloo Track Club	11.61	11.46	-1.4	2
8	Anderson, Osei	Etobicoke Track	11.91	11.83	-1.4	2

Event 5 Women 1760 Yard Run 1 Mile Open

Meet Record: R 4:53.62 26/07/2014 Sasha Gollish, White Lightning
 Name Year Team Seed Finals H# Points

1	King, Lauren	King		5:05.53	1
2	Collins, Clair	Collins		5:37.36	1
3	Tarbiat, Shalaleh	Tarbiat		5:44.27	2
4	Goetz, Lisa	Baby's Got Track		5:56.88	3
5	Gallo, Kassandra	Gallo		5:57.18	2
6	Jaimes - Albarran, Ivon	Jaimes - Albarran		5:59.62	1
7	Rogers, Nicole	Baby's Got Track		6:05.68	3
8	Bossin- Hardy, Danielle	Team Catalyst		6:14.74	1

Lululemon Track and Roll 2015 - 15/08/2015**St. Michael's College Fields****Results****...Event 5 Women 1760 Yard Run 1 Mile Open**

9	Jaimes, Ana	Jaimes	6:18.47	1
10	Fitzgerald, Leeana	Fitzgerald	6:18.52	2
11	Young, Kristen	Young	6:19.60	1
12	Salvian, Hailey	Salvian	6:20.58	2
13	Somers, Andrea	4 Run 6	6:24.24	2
14	Wilson, Jennifer	4 Run 6	6:26.20	2
15	Young, Martina	Young Martina	6:42.02	3
16	McKenna, Natasha	McKenna	6:43.81	2
17	Finley, Melissa	Finley	6:46.56	1
18	Bayona - Delgado, Jessic	Bayona -delgado	6:47.04	1
19	McKay, Llindsay	MacKay	6:57.58	3
20	Mathieson, Amanda	Blue Devils All	7:00.38	3
21	Damata, Lea	White Walkers	7:05.83	1
22	Mitchell, Kaitlin	Mitchell	7:15.35	1
23	Chin, Sarah	Blue Devils	7:29.86	2
24	Reidy, Meghan	Reidy	7:37.31	1
25	Filakovic, Betsa	Filakovic	8:50.78	2

Event 6 Men 1760 Yard Run 1 mile Open

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 Meet Record: R 4:49.27 26/07/2014 Kyle Fraser, Longboard Lightn

Name	Year Team	Seed	Finals	H#	Points
1	Smart, Sacha	Smart	4:25.69R	1	
2	Davenport, Ethan	Unattached	4:26.83R	1	
3	Bang, Eric	Bang	4:37.29R	1	
4	Hutchinson, Alex	Hutchinson	4:39.79R	1	
5	Cummings, DeVonte	Cummings	4:42.84R	1	
6	Courchene, Andrew	Courchene	4:49.29	1	
7	Yohannes, Selam	Yohannes	4:58.65	1	
8	Stanley, Aiden	Bang	4:59.17	1	
9	Perera, Joel	Perera	5:04.03	1	
10	Rossall, Graham	Rossall	5:06.07	1	
11	Wahl, Matthew	Wahl	5:10.73	1	
12	Kerry`, Matthew	Hirons	5:12.96	1	
13	Scheifley, Rob	Manic Run Club M1	5:13.50	1	
14	Thompson, Craig	Fuel Training Club	5:34.14	2	
15	Diaz, Rodolfo	Diaz	5:35.16	2	
16	Collins, Andrew	Collins Andrew	5:42.16	2	
17	Piitz, Alex	Piitz	5:44.31	2	
18	Duff, Mark	Boardwalk Runnin	5:46.92	2	
19	Burns, Steve	Boardwalk Runnin	5:49.36	2	
20	Duncan, Glen	Boardwalk Runnin	5:52.44	2	
21	Durward, Luke	The Village Gym	5:58.91	2	
22	Cassidy, Thomas	Cassidy	6:00.86	2	
23	Damata, Andre	Damata Andre	6:10.77	2	
24	Dam, Mikael	Blue Devils All	6:15.69	2	

Event 7 Women 4x400 Meter Relay Open

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 Meet Record: R 4:03.67 26/07/2014 White Lightning, White Lightning

S Gollish, S Katz, S Rouse, L Stafford

Team	Seed	Finals	Points
1	Blue Devils Elite 'A'	4:31.11	

Lululemon Track and Roll 2015 - 15/08/2015**St. Michael's College Fields****Results****....Event 7 Women 4x400 Meter Relay Open**

1) Nolan, Sarah	2)	
2 Xcb 'A'		4:32.04
1) White, Katherine	2)	
3 The Village Gym Vaughan 'A'		4:38.40
4 Baby's Got Track 'A'		4:53.60
1) Rogers, Nicole	2)	
5 4 Run 6 'A'		4:56.39
1) Wilson, Jennifer	2)	
6 Team Catalyst 'A'		5:07.46
1) Bossin- Hardy, Danielle	2)	
7 Speed Demons 'A'		5:22.18
1) Charette, Erina	2)	
8 Black Toe 'A'		5:30.55
1) Huk, Kasha	2)	
9 Blue Devils 'A'		5:41.93
1) Chin, Sarah	2)	
10 Blue Devils All Star 'A'		5:51.14
1) Mathieson, Amanda	2)	

Event 8 Men 4x400 Meter Relay Open

Meet Record: R 3:49.52 26/07/2014 Lemon Heads, Lemon Heads
P Corrigan, J Duncan, K Smith

Team	Seed	Finals	Points
1 Blue Devils All Star 'A'		3:30.32R	
1) Dam, Mikael	2)		
2 Toronto Varsity Blues 'A'		3:30.88R	
1) Yousuf, Galan	2)		
3 CL lancers 'A'		3:52.10	
1) James, Brian	2)		
4 Blue Devils Elite 'A'		3:53.89	
1) Mallany - Stanley, Aiden	2)		
5 Fuel Training Club 'A'		4:02.15	
1) Hetherington, Greg	2)		
6 Unattached 'A'		4:09.54	
7 Team Catalyst 'A'		4:11.14	
1) Ryenolds, Adam	2)		
8 Manic Run Club M1 'A'		4:13.14	
1) Scheifley, Rob	2)		

Event 9 Mixed 4x400 Meter Relay Open

Meet Record: R 4:16.09 26/07/2014 Team Destroy, Team Destroy
C Malinas, N Adusei, E Scallion, M Smilie

Team	Seed	Finals	Points
1 Pacer 'A'		4:10.32R	
2 Blue Devils All Star 'A'		4:18.45	
1) Dam, Mikael	2)		
3 The Village Gym Vaughan 'A'		4:18.46	
1) Durward, Luke	2)		
4 Blue Devils 'A'		4:25.56	
1) Smith, Kyle	2)		
5 Blue Devils Elite 'A'		4:45.64	

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1) Mallany - Stanley, Aiden	2)	
6 Track Addicts 'A'		4:46.73
7 Black Toe 'A'		4:51.67
1) Anderson, Mike	2)	
8 Manic Run Club M1 'A'		4:55.62
9 Black Toe 'B'		4:59.15
10 Blue Devils 'B'		4:59.36

Event 10 Women 4x100 Meter Relay Open

Team	Seed	Finals	Points
1 Lancers 'A'		54.60	
1) Forde, Diandra	2)		
2 Fuel Training Club 'A'		1:01.55	
1) Hucal, Andrea	2)		
3 Team Catalyst 'A'		1:04.28	
1) Skea, Michelle	2)		
4 Lucky 7 'A'		1:05.42	
1) Gonzales, Stella	2)		

Event 11 Men 4x100 Meter Relay Open

Team	Seed	Finals	Points
1 Toronto Varsity Blues 'A'		47.85	
1) Yousuf, Galan	2)		
2 Fuel Training Club 'B'		48.79	
1) Ikdemirci, Sinan	2)		
3 Myodetox 'A'		48.90	
1) Maryshow, Kevin	2)		
4 Resilience 'A'		48.98	
1) Sharpe, Willie	2)		
5 Team Catalyst 'A'		52.41	
1) Ryenolds, Adam	2)		

Event 12 Mixed 4x100 Meter Relay Open

Team	Seed	Finals	Points
1 The Village Gym Vaughan 'A'		53.47	
1) Durward, Luke	2)		
2 Track Addicts 'A'		58.30	
1) Vizcarra, karen	2)		